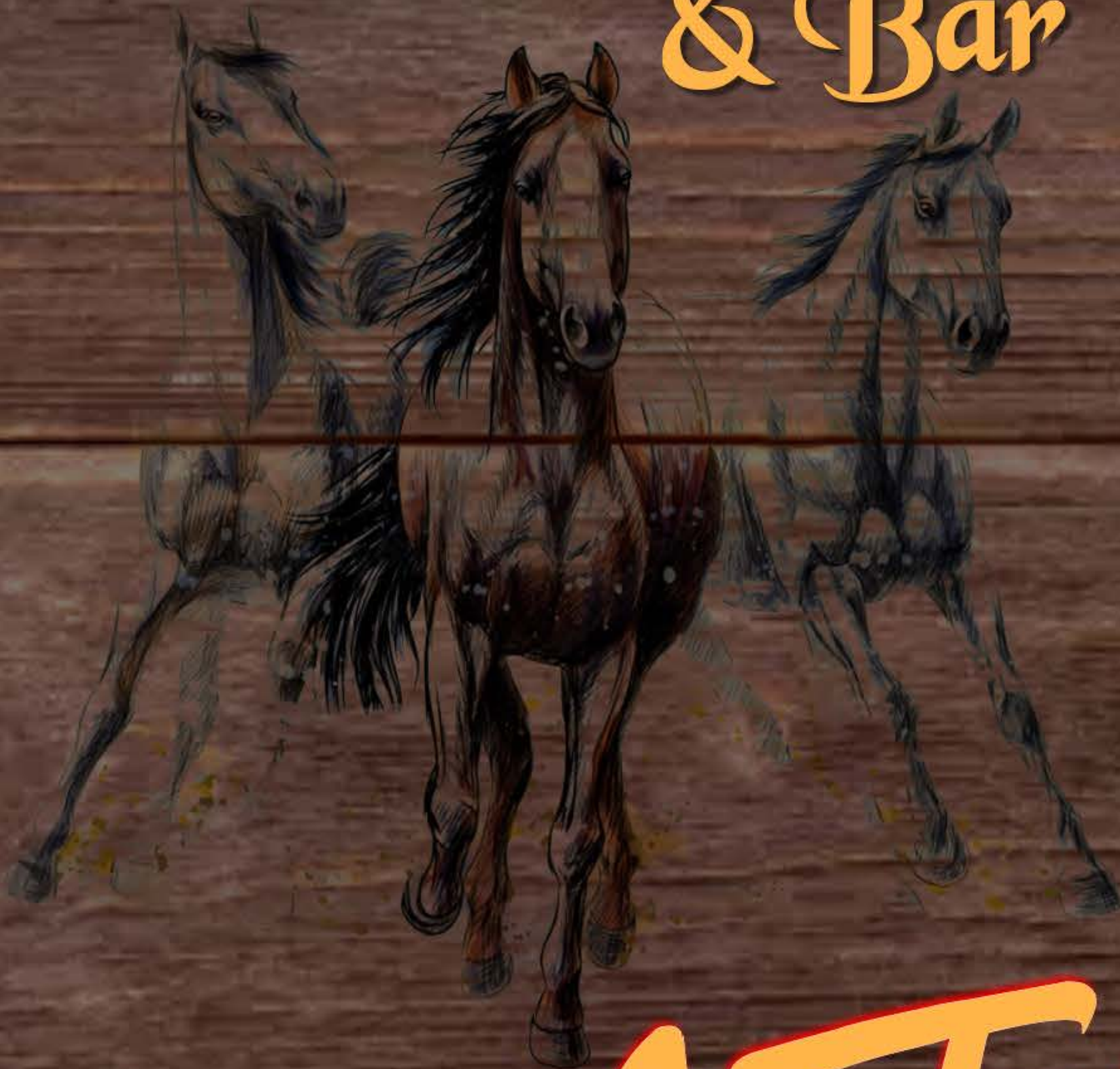


BBQ Brunch & Bar



TRIFECTA

LOCATED AT

328 SAINT CLAIR STREET

FRANKFORT KENTUCKY 40601

502-699-2723

THE.TRIFECTA.ALIBI@GMAIL.COM

NOW TAKING ORDERS THROUGH GRUBHUB

restaurant hours

SUNDAY Brunch Specials
11am - 3pm

Mondays
10am - 4pm

Tuesday Wednesday Thursday
10am - 9pm

Friday Saturday
10am - 10pm



Located at
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Frankfort Kentucky 40601
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STARTERS

- Loaded BBQ Nachos or Fries** \$15
tortilla chips or fries, pork, chicken or brisket,
beer cheese, jalapenos, bacon bites & chives topped with your
choice of BBQ sauce
(\$2.00 upcharge for brisket)
- Trifecta App Combo** \$13
variety of
mozzarella sticks, fried pickles & fried mushrooms
- Fried Brussel Sprouts** \$11
Served with smoked sausage, toasted almonds, parmesan, &
balsamic glaze
- Deviled Eggs** \$9
with jalapeno bacon jam
- Mini Chicken Waffles** \$9
4pc served with syrup
- Pretzel Bites** \$9
served with beer cheese
- Fried Mushrooms** \$7
4oz served with horseradish
- Fried Pickles** \$7
4oz served with housemade southwest sauce
- Mozzarella Cheese Sticks** \$7
8 sticks served with marinara sauce

SIDES \$4.00

Macaroni & Cheese
made with beer cheese

**Broccoli and
Cheese Casserole**

Collard Greens

Green Beans

Baked Beans

Potato Salad

Crinkle Fries

Breakfast Spuds

Pasta Salad

Cole Slaw

Fruit Cup
small variety of raw fruits

Veggie Tray
small variety of raw veggies

Eggs Your Way
scrambled, fried hard, sunny,
over easy, over medium &
boiled

A LA CARTE

- Fried Turkey Ribs** \$17
3 bones served with carolina tangy sauce
- Half Rack of Ribs** \$15
5-6 bones served with your choice of sauce
- Smoked Chicken Wings** \$13
10pc your choice of naked, rubbed OR all sauced up
- Fried Catfish Sandwich** \$11
hand battered on 2 pieces of white bread served with tartar and red hot
- Philly Cheese Steak** \$11
made with melted cheese, chopped steak, caramelized onions &
jalapenos served on a toasted bun
- Lox & Bagel** \$11
cream cheese, smoked salmon, avocado, mixed greens, sliced tomato,
red onion, lemon herb vinaigrette & everything bagel spice
Gluten Free Bagel Available
- Brisket Sandwich** \$9
5oz served with your choice of sauce and topped with a toasted bun
- Smoked Sausage
on a Bun** \$9
6oz smoked meat served with your choice of sauce with a toasted bun
- Pulled Chicken Sandwich** \$9
5oz served with your choice of sauce and topped with a toasted bun
- Pulled Pork Sandwich** \$9
5oz served with your choice of sauce and topped with a toasted bun
- Fried Egg BLT** \$9
fried hard egg, avocado spread, lettuce, tomato served on grilled texas
toast
- Smoked Bologna Sandwich** \$9
3oz meat, Carolina Tangy sauce, lettuce, tomato, pickles served on texas
toast
- Macaroni with Cheese Bowl** \$7
macaroni with cheese, baked beans & smoked sausage
- Grilled Pimento Cheese Sandwich** \$7
housemade cheese grilled on texas toast

BOX YOUR BET

<~~~~~
add a side & drink
for ONLY \$5 MORE

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Smoked Meats

Pulled Pork, Pulled Chicken, Ribs, Smoked Sausage & Brisket
(\$5.00 per 3oz serving upcharge for Brisket)

BBQ Platter's

Trifecta BBQ Family Platter..... \$49.99

1 Pound of Smoked Meat (add \$8 for brisket), 1 pound green beans 1 pound cole slaw served with your choice of 4 Buns, 6 slider buns or 6 fried cornbread cakes (\$2.00 upcharge for side substitute) serves 4-6

The Superfecta Platter..... \$22.99

your choice of 4 smoked meats and 2 individual sides with a piece of fried cornbread (\$3.00 upcharge for 3oz brisket) (12oz of meat)

The Trifecta Platter..... \$20.99

your choice of 3 smoked meats and 2 individual sides with a piece of fried cornbread (\$3.00 upcharge for 3oz brisket) (9oz of meat)

The Exacta Platter \$18.99

your choice of 2 smoked meats and 2 individual sides with a piece of fried cornbread (\$3.00 upcharge for 3oz brisket) (6oz of meat)

Housemade Fried Catfish Nuggets \$15.99

6-8 nuggets served with your choice of 1 individual side

Housemade Chicken Tenders \$13.99

3 hand breaded tenders served with your choice of 1 individual side

Smoked Sliders \$11.99

your choice of 2 smoked meat sliders (\$3.00 Brisket Upcharge) served with your choice of 1 individual side

Salads

House Salad \$9

mixed greens, cucumber, tomato, carrots, egg & cheese
3oz pulled pork, chicken or sliced smoked salmon

Side Salad \$7

iceberg lettuce, tomato, cheese
(add 3oz pulled pork or chicken \$3)

Fruit Salad Parfait \$7

vanilla yogurt served with whipped cream, mixed berries and granola

Brunch Entree's

Family Brunch Entree \$49.99

1lb scrambled eggs, 1lb breakfast spuds served with 4pc chicken thighs OR 8pc bacon OR 8pc breakfast sausage with your choice of (bun size)
4 waffles OR 6 half pc toast (add \$8 for sausage gravy) (\$2.00 upcharge for fruit substitute) serves 4-6

Fried Chicken & Waffles \$14.99

one house battered thigh served with crinkle fries

Bacon Jam & Egg Burger \$13.99

1/4 pound burger, sunny egg, gouda cheese, jalapeno bacon jam & avocado aioli served with crinkle fries

Smoked Waffle Burger \$12.99

1/4 pound burger, sliced gouda cheese, caramelized onion & syrup drizzle
served with breakfast spuds

Breakfast Plate \$11.99

2 eggs your way, your choice of bacon OR breakfast sausage, toasted wheatberry served with breakfast spuds

Brunch Burrito \$11.99

pulled pork, chicken or brisket, scrambled eggs, potatoes, onions, peppers & cheese served with collard greens
(\$3.00 upcharge for brisket)

DRESSINGS & SAUCES

Ranch,
Thousand Island,
honey mustard,
balsamic
vinaigrette,
French
Bleu cheese

Yes (Sweet),
Awesome
(Sweet Heat)
WTF
(Wow that's firey)
Carolina Tangy
(Mustard based)
Garlic Parmesan

RUBS

Lemon Pepper, Creole,
Old Bay, Farm Dust



CONSUMPTION OF RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

Dessert

NY Cheesecake \$7

strawberry, chocolate, caramel

Chocolate Oreo Pudding \$5

whip cream & oreo crumbs

Banana Pudding \$5

with waffers

(gluten free waffers available)



*Meals
AND
Memories
ARE MADE HERE*

Beverages

Coca Cola \$3.50

Diet Cola \$3.50

Mr. Pibb \$3.50

Sprite \$3.50

Sweet Tea \$3.50

Unsweet Tea \$3.50

Juice \$4

Apple, OJ, Cranberry

Milk \$4

White, Chocolate, Strawberry

Coffee \$2



Sunday Brunch Specials INCLUDE

Build Your Omelette

includes: 1 meat 2 veggies & cheese

meats-pulled pork, chicken, brisket, ham, bacon, smoked sausage

(\$3 upcharge for brisket & per extra meat topping)

veggies-tomatoes, mushrooms, mixed peppers, onion, jalapenos

(.75¢ upcharge per extra veggie toppings)

served with breakfast spuds

Smokey Collards & Shrimp with Cheesey Grits \$15

5-7 creole shrimp served with collard greens on a bed of cheese grits

Steak Egg & Cheese Bagel \$13

seasoned breakfast steak, caramelized onions, scrambled egg with american cheese & everything bagel spice

served with breakfast spuds

Pancakes & Smoked Sausage \$13

2 large pancakes & smoked sausage served with a fruit cup

Avocado Toast Points with Smoked Salmon \$11

toasted wheatberry, avocado, smoked salmon, mixed greens, tomato, red onion, everything bagel spice & lemon balsamic glaze

Toast with Gravy & Eggs Your Way \$9

wheatberry toast, sausage gravy topped with a slice of tomato & 2 eggs your way

served with breakfast spuds

UNTIL NEXT TIME



Thank You