

# BREAKFAST menu

Mon - Sun / 7:30am - 3:00pm

## Huevo en Torta (Honduran Style Omelette)

(Fresh beater eggs served with toast and a cup of seasonal fresh fruit)

**\$6.99**

Choose from:

### Veggies

(add \$0.50 each)

Onions

Green peppers

Tomatoes

Spinach

Jalapeño

### Meat

(add \$0.99 each)

Chorizo

Bacon

Ham

Chicharron

### Cheese

(add \$0.50 each)

Mozzarella

Honduran fresco cheese

Honduran quesillo

## Honduran Pancakes

Three pancakes, served with honduran mantequilla and honey. DELICIOUS!

**\$7.25**



Honduran Pancakes



Desayuno Catracho

## Desayuno Catracho

Two eggs (scrambled or fried), carne frita (fried chunks of beef), refried beans, avocado slices, plantains, Honduran fresco cheese, Honduran mantequilla, corn tortillas.

**\$9.99**

## Light American

2 eggs (scrambled or fried), 2 slices of bacon, toast (white or wheat).

**\$6.99**

## Honduran Style Oatmeal

A bowl of slow-simmered oats with sugar, milk and cinnamon.

**\$5.99**

## Huevos Criollos

Two fried eggs with sliced ham and cheese on a corn tortilla topped with homemade criolla sauce served with plantains, Honduran mantequilla and frijoles guisados.

**\$8.99**



Huevos Criollos



Avocado Toast

## Avocado Toast

Two slices of toast (white or wheat) with avocado and shredded Honduran fresco cheese.

**\$6.99**

## Tortillas con quesillo

Fried tortillas with Honduran quesillo topped with homemade pueblo sauce and chismol served with sweet plantains and refried beans.

**\$8.25**

## Canoas (Plátano Relleno)

Fried plantains with refried beans, Honduran mantequilla and cheese on top.

**\$8.25**



Canoas

## Bowl of Fruit (Seasonal)

Tropical fruit topped with our home blend of vanilla and honey yogurt and topped with walnuts.

**\$7.75**

## Traditional Baleadas

Two homemade flour tortillas stuffed with refried beans, scrambled eggs, Honduran fresco cheese and mantequilla, A Honduran favorite!

**\$9.25**

Add \$0.99 each:

Chorizo

Chicarron

Avocado



Traditional Baleadas



Mami's Breakfast Sandwich

## Mami's Breakfast Sandwich

A delicious Honduran sandwich with refried beans, mantequilla, eggs and avocado, served with seasonal fruit.

**\$8.75**

## Burritas Caminadas

Four corn tortillas stuffed with Honduran omelette egg, refried beans, sweet plantains, Honduran fresco cheese and chicharron.

**\$8.25**



Burritas Caminadas

## Strawberry French Toast

Two French toast with strawberries on top, caramel and cinnamon sugar powder.

**\$6.50**



# LUNCH menu

Mon - Sun / 11:00am - 3:00pm

## LUNCH PLATES \$8.99

Grilled Chicken Breast  
Sautéed Vegetables 🌱

Shredded Pork Carnitas  
Grilled Chicken Carnitas



Grilled Chicken Carnitas

All served with white rice, guisado beans and your choice of sweet plantains, small garden salad, or Honduran cabbage salad.

### Pescado a la Plancha

Swai fish fillet marinated with our traditional cilantro blend sauce, served with casamiento, sweet plantains (maduros), and chismol (Honduran "pico").

\$11.99

### Sopa de Pollo con Vegetales / Chicken Soup with Vegetables

The bowl of soup is served with a side of white rice.

Cup \$5.25 / Bowl \$8.99

### Pupusas

Two corn-based patties stuffed with savory fillings, cooked on a griddle and served with salsa pueblo and two types of "encurtidos" on the side: cabbage and cilantro and onions and carrots.

\$7.99

Choose from:

Quesillo (Soft Honduran Cheese) 🌱

Mixtas (Chicharron and quesillo)

### Enchiladas (order of 2)

Set your fork aside! You will inevitably get messy eating an enchilada...but no worries...you will want to lick your fingers anyway! Enjoy a crispy tortilla topped with ground beef or shredded chicken, our traditional shredded cabbage, grated Honduran cheese, and our homemade pueblo sauce. A Honduran favorite!

\$7.99

Vegetarian version available 🌱



Tacos de Pollo



Enchiladas

### Tacos de Pollo (order of 3)

Crispy rolled-up corn tortillas stuffed with shredded chicken and served with traditional shredded cabbage, grated Honduran cheese and our homemade criolla and pueblo sauces.

\$7.99

## LUNCH COMBOS \$9.50

All combos come with your choice of two sides: White rice, avocado slices, casamiento, chismol, refried beans, guisados beans, sweet plantains, tostones, french fries, sweet potato fries or yucca fried.

### Enchiladas (Order of 2 / chicken or beef)

Fried rolled-up chicken tacos or soft grilled fish tacos (Order of 2)

Pupusas (Order of 2 / mixtas or cheese)

Baleada (1)

Vegan  
Vegetarian 🌱

### Pollo con Tajadas

Traditional fried bone-in chicken, served on a bed of fried green bananas, cabbage and topped with our homemade sauces. A delicious mix of flavors! \$14.50



Pollo con Tajadas



Revuelto Hondureño

### Revuelto Hondureño

Delicious mix of flavors! White rice, frijoles, guisados, grilled chicken, mantequilla hondureña, shredded cheese and chismol.

\$10.50

## EMPAREDADOS / SANDWICHES

### Honduran Shredded Chicken Sandwich

Our traditional Honduran chicken sandwich is prepared with savory shredded chicken, our secret Honduran dressing, lettuce and tomatoes on toasted white bread. Served with fries or sweet potato fries.

\$8.99

### Club Sandwich

Perfectly marinated chicken breast, ham, bacon, Swiss cheese, fresh lettuce, tomato, and honey mustard dressing on hot pressed bread. Served with fries or sweet potato fries.

\$9.50



Honduran Shredded Chicken Sandwich



# Drinks

## CAFÉ / COFFEE

(No free refills)

### Honduran Cup

Straight from our sister's farm in the mountains of El Paraíso, our hometown! **\$3.99**

### Negro Fuerte Espresso

Sweetened strong black coffee. **\$3.25**

### Café con Leche

Strong roast coffee with steamed, foamy milk. An after-dinner favorite. **\$4.25**

**American Coffee** (Free refills) **\$2.39**



Café con Leche

## SOFT DRINKS \$2.39

(Free refills)

Pepsi  
Diet Pepsi  
Sierra Mist  
Mountain Dew  
Diet Mountain Dew

Dr. Pepper  
Pink Lemonade  
Sweet Tea  
Unsweet Tea  
Orange Crush

## HONDURAN BOTTLED SODAS

(No free refills)

Grape or Banana

**\$4.50**

## 100% PURE NATURAL JUICES

(No free refills)

### Rojo

Carrot, orange, beets

### Verde

Cucumber, green apples, celery

### Amarillo

Pineapple, orange, green apples

### Coco

Coconut water (served in the coconut fruit)

**Glass 12 oz \$6.25**



### Freshly squeezed Orange Juice

Glass 12 oz **\$5.25**

Pitcher 37 oz **\$14.00**

**Mimosa \$6.00**

### Horchata (Rice Water)

Glass 16 oz **\$4.25**

Pitcher 48 oz **\$11.75**



Freshly Squeezed Orange Juice

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**Mami Monchita's**  
a taste of Honduras







# LUNCH

## menu

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610 Ridgeview Drive  
Frankfort, KY 40601  
502) 699-2380  
mamimonchitas@yahoo.com

 @mamimonchitas  [www.mamimonchitas.com](http://www.mamimonchitas.com)